

Men are more likely to engage in unhealthy behaviors.



Men's Health

What men need to know about their health.

Get regular physical exams.

Women are two times more likely than men to get an annual physical.

Seek medical attention when needed.

Men often ignore warning signs and wait too long to seek medical attention.

Testicular cancer is a common male cancer between ages 15 to 34.

When detected early, the survival rate is 96 percent.

Prostate cancer is the second leading cause of cancer deaths in men.

It is important to know risks and symptoms and get regular screenings.

Get age-appropriate screenings.

These can improve your health and potentially extend your life. Talk with your healthcare provider about your check-up and screening schedule.